

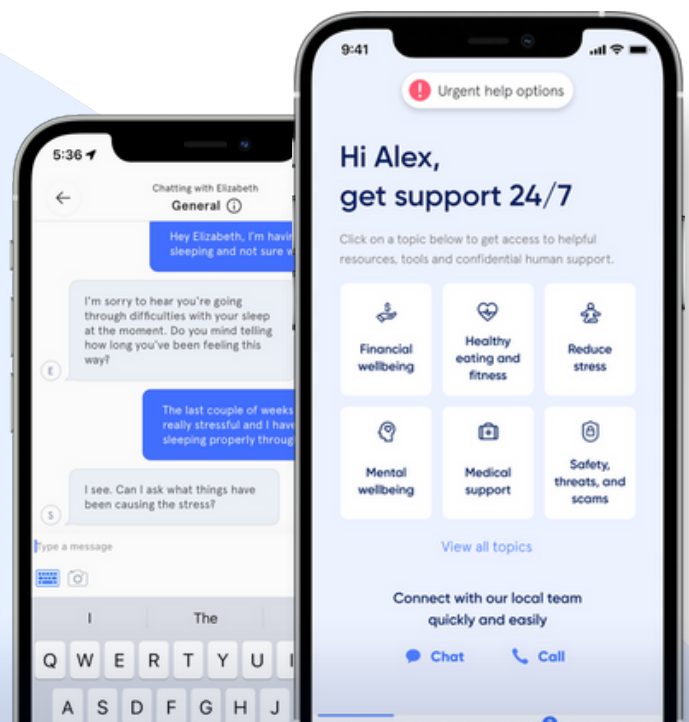
Sonder

24/7 safety, medical and wellbeing support for primary Allianz Care Australia OSHC policyholders at no extra cost.

No issue is too big or small for Sonder. You can live and study comfortably knowing you have access to support **whenever and wherever you need it.**

Sonder can support you with a range of issues, including:

- Medical concerns
- Study and exam stress
- Homesickness and loneliness
- Mental health concerns
- Safety concerns
- Relationship issues
- Family life, and much more...



Here's how Sonder can support you



Scan QR above to watch a short Sonder overview video

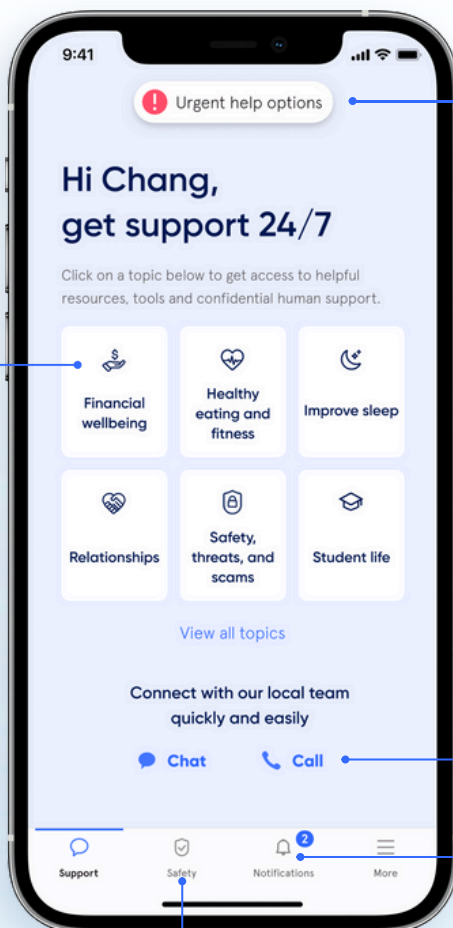
Popular help topics

Access information or start a live chat on a wide range of topics, such as:

- Stress and anxiety
- Financial wellbeing
- Exam stress
- Fatigue and sleep
- Family and relationships and much more.

Wellbeing assessments

Our quick and easy questionnaires will allow you to reflect on your wellbeing and overall health.



24/7 help alert

Instantly connect with the Sonder team or emergency services.

Live chat or call

Feeling unwell and not sure how to schedule a medical appointment? Sonder's expert coordinators and medical team are available to help 24/7 by chat or phone.

Notifications hub

Sonder constantly scans the environment for events that might impact your safety, such as natural disasters, scams or criminal incidents nearby.

Track my journey

If you're travelling alone or to an unfamiliar place, use the Track my journey feature for safety support on the move. Sonder will monitor the progress of your journey up until you arrive safely at your destination. If you encounter trouble on the way, Sonder are available to support.

Check on me

Picking up second hand furniture or going on a first date? Use Sonder's Check on me feature and Sonder's safety team will check you are safe at a time you choose and be available to support if/when you need it.



Scan to download Sonder

Use your OSHC policy email address to login.



Access to Sonder is available at no extra cost to primary Allianz Care Australia OSHC policyholders. Visit sonderau.com/allianzcare for eligibility and T&Cs.

